



'Quality Care, delivered with Commitment'

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Domiciliary Care and Supported Living Services

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Domiciliary Care, and Supported Living Service

(Residential and Transitional Services also available)

July 2nd 2009

Background

Inspiration Care was set up by two individuals with a wealth of knowledge and experience within the care industry who shared the same passion that care should be provided at the highest standard and that this could only be achieved by promoting a standard of excellence which embraces fundamental principles of good care.

We believe passionately in the significance of our work and feel it should have a positive impact on the lives of our service users, their families and the communities that we serve. Our objective is to deliver excellent care however, just as importantly; we like to see our service users have fun and live life to the full!



July 2nd 2009

Our Charter

- Provide the Highest Quality Care and Support Possible
- Treat People with Respect
- Encourage Independence and Self Fulfillment
- Embrace Individuality
- Enhance Self Esteem
- Preserve Dignity
- Support Self Expression
- Recognise the Right to Take Risks
- Promote Freedom of Choice
- Continually Evolve and Improve What We Do

What We Can Offer You

Inspiration Care's *Domiciliary Care and Supported Living Services* offers the highest quality personal care and support possible to facilitate our service users in their own homes with dignity, independence and control over their lives.

Regardless of the level of support needed, a member of the Inspiration Care team is available 24 hours a day, 365 days a year. For some, the reassurance and companionship gained from having one of our carers visit for a few hours a day to assist around the house will be enough. Others however, will require more intensive 24 hour care.

Providing Person Centred Care

Inspiration Care embraces individuality and reflecting this, we devise care programmes with service users, families and health care professionals that focus as much on their preferred lifestyle as on the personal care and support required to assist them to be as independent as possible. The flexibility inherent in our care packages ensures that service users and their families are able to regularly discuss with staff, the support they require and how best to accommodate their changing needs.

Our Team

At Inspiration Care, we believe teamwork is the key to providing the highest quality care and support possible. Like our service users, each member of staff brings their own background, interests, personalities and culture to our diverse team. However, the one thing all members of staff share is a commitment to the philosophies presented in the Inspiration Care Charter.

Each member of the team is provided with comprehensive training in all aspects of their work, including mandatory training in the following:

- Induction
- Fire Safety
- Food Hygiene
- First Aid
- Health and Safety
- Infection Control
- Manual Handling
- Safe Guarding (protection of vulnerable adults)
- Mental Capacity/Deprivation of Liberty Safeguards
- Specialised training as required

Individually, our staff are encouraged to advance their knowledge and understanding of their environment with ongoing training that reflects the needs of the individuals they care for, their own needs, aspirations and their role within the company.

Inspiration Care places a great emphasis on ensuring that its staff are trained to respond effectively to the individual needs of the service users, taking into consideration difficulties such as Autism, Aspergers, Mental Health, Acquired Brain Injury, Epilepsy, rare conditions and syndromes, Learning Disability and Dementia and other complex needs. Should the need arise our staff are trained within the CALM system (Crisis and Aggression Limitation and Management) with *particular* emphasis on the use of proactive strategies and de-escalation skills. Inspiration Care has its own behaviour management advisor who is on hand to assist in management strategies to ensure integration in the community can be achieved.

Individual

Each individual who is admitted to the service is assessed prior to being offered a service. The assessment is carried out under consultation with the service user, their family or carer, the care manager or community nurse and any other people who are felt to be important to the process.

The assessment will include:

- Mental Capacity
- Health and medication checks
- Mobility and transport checks
- Personal care
- Communication
- Routines
- Mental health support
- Behavior support needs
- Relationships
- Dietary needs
- Social activities
- Day time activities

Location

Inspiration Care's Domiciliary Care and Supported Living Services, as well as its Residential and Transitional Services, currently operates in the Marches region from Ludlow in Shropshire to the county town of Hereford, with our office conveniently located between the two in Leominster.



The picturesque town of Ludlow is on the river Teme and is dominated by the castle. The town is famous now for good food and drink, and enjoys a lively social life with events taking place in the town most weeks



Hereford is a historic city close to the Welsh border. It has good leisure facilities and is surrounded by attractive countryside.



Leominster is a country town with a rich history offering historic listed buildings, The Priory, museum, a collection of local and national shops and boasts its own leisure centre. Train and bus stations mean travelling to and from Leominster is made easy and with Herefordshire bordering so many well known counties, there is never a time where you are short of things to do.

Properties

One of the services Inspiration Care can provide is to find an appropriate property, as far as is reasonably practicable, for you to live in. The selection of the property will be given the same attention to detail that we will pay to all aspects of your support and care, and will be suitable for all your needs and requirements.

Whether you would like a bungalow, house or flat, want to live alone or share with others, Inspiration Care will listen to what you want and assist you to find what can best suit your wishes wherever possible.



(Respite bungalow)



Offering wheel chair access



Services provided by Inspiration Care Ltd

Specialist Residential and Transitional Services

Catering for an individual whether someone is challenging, has an acquired brain injury, mental health issues, learning disability and dementia, epilepsy, Aspergers Syndrome or other specific syndrome or condition.

Autistic Specific Homes

Domiciliary Care and Supported Living Services –

For further information on any of our services please call Karen Hall on

Mobile: 0781 6199603